

Lenten Activity Calendar 2017

SUNDAY MONDAY **TUESDAY** WEDNESDAY **THURSDAY** FRIDAY **SATURDAY** Ash Wednesday 3 Stations 7pm God's kingdom is What benefit is it to O God vou seek the here. Change your life anyone to win the truth from the inside and believe this whole world and out. Put a fresh wind message.

> We wear Ashes today to believe. experience and live the goodness of God in us and around us.

forfeit or lose his very self?

There is nothing equal to your worth in the whole universe. Be the best of you to someone.

in my sails.

Lenten Friday I abstain from meat to encourage myself to say "No" to old and "Yes" to a new course of life in me.

Jesus said to them in reply, "It is not those that are well who need the doctor, but the sick".

By helping others I help myself spiritually grow in the power of love and compassion.

5 Sunday Worship

Then the devil left Jesus and angels appeared and looked after him.

When we don't prefer to be angels we allow our devils to work. Choose to be an angel to someone.

Today we recall the prayer of Jesus "Our Father".

Pray "Our Father" a few times. While praying ask God to bless someone. We are all the children in God's family.

Soak me in your laundry, Lord; I'll come out clean. Make a fresh start in

Do something you've been putting off or trying to avoid.

Ask, It will be given to you; Search, you will find: knock, the door will be opened to you.

Be direct with God. Prayer is not a catand-mouse, hide-andseek game . Like a child ask the Father.

10 Stations 7pm

Go and be reconciled with your brother first, and then come back and present your offering to God.

Instead of texting, make personal voice contact with people today.



This is what God does. He gives his best - the sun to warm and the rain to nourish - to everyone, regardless: the good and bad, the nice and nasty.

Greet someone good voluntarily.

12 Sunday Worship

God says, "I shall bless those who bless you. "

Say to God, "I am waiting for you; you are my help and shield." Be a blessing; buy someone's coffee.





Jesus tells whenever you did this to the

least of my people

God is not costly and

you did it to me.

difficult. You can

experience God in

your little acts of

love. Carry out a

small act of love.

Do not judge, you'll not be judged; do not condemn, you'll not be condemned: forgive, you will be forgiven.

Call a friend who needs encouragement.

14

Do you want to stand out? Then step down. If you're content to simply be yourself, your life will count for plenty.

Carry a list of things you are thankful for & look at it when you feel like complaining.

15



Whoever wants to be great must become a servant. Whoever wants to be first among you must be your slave.

Say, 'God bless you' in your heart to whomever you meet.

16



One who trusts in God is like a tree planted near streams. It never stops bearing fruit.

Be generous in being gracious to others. Don't use sarcasm or curse today.

17 Stations 7pm

Jesus says, "God's kingdom will be taken back from you and handed over to a people who will live out a kingdom life. "

Write a prayer to God explaining habits. behaviors and sins you want to die to.

18



Jesus says, "You're with me all the time and everything that is mine is yours but this is a wonderful time. Let us celebrate, "

Spend at least 30 minutes with someone under 5 or over 70.

19 Sunday Worship

Those who worship God must do it out of their very being, their spirits, their true selves, in adoration.

It is who you are and the way you live that count for God. **Give** up social media. Read the Bible and pray.

20 St. Joseph

Joseph woke up. He did exactly what God's angel commanded him. Family is a God-given gift. Pray an 'Our Father' for each member of your family in the morning and before bed.

If you forgive others God will forgive you. Jesus taught us to pray "forgive us our debts as we forgive our debtors."

Call someone you had a falling out with and make amends.

God's Law is more real and lasting than the stars in the sky and the ground at your feet. God's Law will be alive and working forever.

Pray Lord's prayer 5x today at 9am, 12pm, 3pm, 6pm and 9pm

In everything, follow the way that I mark out for you, and you shall prosper.

God has given us our conscience to direct us on the right path. Pray to the Holy Spirit to empower conscience.

24 Stations 7pm

Love God. Love others. There is no commandment greater than these.

Fast from a meal and pray (to love God). Give the money to the poor (to love others).

25

Nine months from today is Christmas. Today is the feast of The Annunciation: Mary was conceived by the Holy Spirit. Give Jesus to others

by a kind deed or loving words.

26 Parish Mission

God does not see as human beings see: they look at appearances but God looks at the heart.

Parish Mission invites you to face your giant, to live in your God-given strength.

27 Parish Mission

I am going to create new heavens and a new earth, and the past will not be remembered.

Today's mission reflects on how our negatives work or fight against our own positives.

28 Parish Mission

Jesus said, "Get up, start walking." The man was healed on the spot. He picked up his bedroll and walked.

Today's mission reminds you to put on the God-given armor each one has.

29 Parish Mission

Can a woman forget her baby at the breast? Even if she were to forget, I shall not forget you.

Today's mission shows your strength and ways to make the best of your life.

30

They forgot the God who had saved them. They exchanged their glory, and adored a molten image.

Fast a meal today in order to grow in the power to say 'no' to selfish image and 'yes' to God's image.

31 Stations 7pm

One does not live on bread alone, but on every word that comes forth from the mouth of God.

If food nurtures the body, what nurtures vour mind and soul? Feed your mind with Bible not TV/phone.

In today's Gospel people wanted to arrest Jesus. It is easier to silence God's voice in us than ours. Be silent for 10 minutes to quiet your voice. Try to hear God's voice.

2 Sunday Worship

O my people, I will open your graves and have you rise from them.

Try only to see the good in you & in whomever you meet. Appreciate them.

Let the one among you who is without sin be the first to throw a stone at her.

Surprise yourself by doing something out of the routine. Try not to judge but understand others.



The Lord looked down from his holy height and not despised their prayer.

Pray 10 minutes for strength to get up from where you are stuck or sunk.

5

Blessed be God who sent his angel to deliver the servants who trusted in him.

Thank God for those who showed you God's love.

"Amen, amen, I say to you, whoever keeps my word will never see death."

Pray in gratitude for all whom you miss in your life.

7 Stations 7pm

In my distress I called upon the Lord From his temple he heard my voice.

Fast a meal and share its cost with someone who struggles to meet their ends.

8

God says "I will cleanse you so that you may be my people and I your God."

Tomorrow we begin Holy Week. Think about your sins for God to cleanse you.

9 Palm Sunday

Welcome to Holv week. Get palms and begin to live with Jesus His last days on earth.

Make a Cross out of palm and hang it at home in a place where you will not fail to see it.

10 Holy Monday

Confessions are heard in all the churches of our Diocese from 3 pm to 9 pm.

Go to confession to experience the Mercy of God in the Holy Week events.

11 Holy Tuesday

I will make you a light to the nations. that my salvation may reach to the ends of the earth.

You are not here by chance. God has a purpose for you in life. Pray to God to find the purpose.

12 Holy

Wednesday

Lord my God is my help; who will prove me wrong?

Pray for yourself, "I am God's child. I believe that God empowers me to live rightly and happily."

13 Holy Thursday

Welcome to church to celebrate the Last Supper of the Lord. Tonight we remember how he was betrayed by **Judas and Jesus** began his sufferings in the garden of Gethsamene.

14 Good Friday

Welcome to church. Celebrate the stations of the cross at noon and Jesus' death on the cross at 3 pm.

Eat just one full meal to join the suffering of Jesus.

15 Holy Saturday

Jesus is in the tomb. At 7:30 pm we celebrate the Resurrection of our Lord from death. **Tomorrow Easter** continues the victory of Jesus over death in four masses. Let us start New Life!

