Holy Hour Worship Aid – Tuesday, January 5, 2021 "The Gift of Wisdom"

Procession Song: "How Great Thou Art"

1. O Lord my God, when I in awesome wonder consider all the worlds thy hands have made I see the stars, I hear the roaring thunder, thy power throughout the universe displayed

Chorus: Then sings my soul, my savior God to thee, how great thou art, how great thou art Then sings my soul, my savior God to thee, how great thou art, how great thou art

Exposition of the Blessed Sacrament

(All kneel when the Blessed Sacrament is placed into the monstrance)

First Meditation Song: "Confidence"

Words and music: Dustin Lolli, Chris Rohman, Ethan Hulse, Matt Armstrong

I'm not a warrior, I'm too afraid to lose, I feel unqualified for what You're calling me to But Lord with Your strength, I've got no excuse, 'Cause broken people are exactly who You use

Chorus:

So give me faith like Daniel in the lion's den, Give me hope like Moses in the wilderness Give me a heart like David, Lord be my defense, So I can face my giants with confidence

You took a shepherd boy and made him a King, So I'm gonna trust You and give You everything I'll be a conqueror, 'cause You fight for me, I'll be a champion claiming Your victory

Repeat chorus

I'm gonna sing and shout and shake the walls, I won't stop until I see them fall I'm gonna stand up, step out when You call, Jesus, Jesus I'm gonna sing and shout and shake the walls, I won't stop until I see them fall I'm gonna stand up, step out when You call, Jesus!...

Repeat chorus 2x

I'll face my giants with confidence

<u>First Meditation</u>: What difficulties did you face in 2020 that in the end brought you closer to Jesus? Where in your life do you still need to open up to Jesus?

Silent Adoration/Reflection

Responsorial Psalm (Ps. 30)

Response: I will praise you, Lord, for you have rescued me.

Scripture: Jas 3:16 - 4:3

Homily

Second Meditation Song: "Because He Lives"

Words and music: Matt Maher

I believe in the Son, I believe in the risen One, I believe I overcome by the power of His blood Amen, Amen, I'm alive, I'm alive, Because He lives, Amen, Amen Let my song join the one that never ends Because He lives

I was dead in the grave, I was covered in sin and shame, I heard mercy call my name, He rolled the stone away Amen, Amen, I'm alive, I'm alive, Because He lives, Amen, Amen Let my song join the one that never ends

Because He lives I can face tomorrow Because He lives Every fear is gone I know He holds my life my future in His hands Amen, Amen, I'm alive, I'm alive, Because He lives, Amen, Amen Let my song join the one that never ends

Amen, Amen, I'm alive, I'm alive, Because He lives Amen, Amen, Let my song join the one that never ends Because He lives, Because He lives

<u>Second Meditation</u>: What have you learned in this past year that has improved your level of wisdom? What causes you to look at the year 2021 with optimism?

Silent Adoration/Reflection

Litany of Humility

Rafael Cardinal Merry de Val (1865-1930), Secretary of State to Pope St. Pius X

O Jesus! Meek and humble of heart:

Hear me.

From the desire of being esteemed,

Deliver me, Jesus

From the desire of being loved, ...

From the desire of being extolled, ...

From the desire of being honored, ...

From the desire of being praised, ...

From the desire of being preferred to others, ...

From the desire of being consulted, ...

From the desire of being approved, ...

From the fear of being humiliated, ...

From the fear of being despised, ...

From the fear of suffering rebuke, ...

From the fear of being calumniated, ...

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From the fear of being forgotten, ...

From the fear of being ridiculed, ...

From the fear of being wronged, ...

From the fear of being suspected, ...

That others may be loved more than I,

Jesus, grant me the grace to desire it

That others may be esteemed more than I, ...

That in the opinion of the world, others may increase and I may decrease, ...

That others may be chosen and I set aside, ...

That others may be praised and I unnoticed, ...

That others may be preferred to me in everything, ...

That others may become holier than I, provided that I become as holy as I should ...

Amen

Offering of Prayers of Petition **Response**: Lord, hear our prayer.

Benediction and Reposition of the Blessed Sacrament

Adoration Hymn (all):

Tantum ergo Sacramentum Genetori Genitoque Veneremur cernui, Laus et jubilatio,

Et antiquum documentum Salus, honor, virtus quoque

Novo cedat ritui; Sit et bendictio:

Praestet fides supplementum, Procendenti ab utroque Sensuum defectui. Compar sit laudatio. Amen.



Versicle: You have given them bread from hea-ven. Response: Having within it all Sweet-ness.

Prayer before Benediction (all):

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. Amen

Benediction

Divine Praises (all):

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of

the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most

holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his angels, and in his saints.

Reposition chant:

Presider: May the heart of Jesus, in the most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.

All: Amen.

Reposition

Concluding Hymn:

Holy God, we praise thy name; Lord of all, we bow before thee: All on earth thy scepter claim, All in heaven above adore thee. Infinite thy vast domain, Everlasting is thy reign! **(repeat)**

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