

Holy Hour Worship Aid – Tuesday, March 2, 2021
“Go To God First”

Procession Song: “Lead Me, Guide Me”

Refrain:

Lead me, guide me along the way, for if you lead me, I cannot stray
Lord let me walk each day with thee Lead me, O Lord, lead me.

1. I am weak and I need thy strength and pow’r to help me overcome my weakest hour
Help me through the darkness thy face to see, lead me, O Lord, lead me.

Repeat Refrain

Exposition of the Blessed Sacrament

(All kneel when the Blessed Sacrament is placed into the monstrance)

First Meditation Song: “First”

Words and music: Jason Ingram, Paul Mabury, Mia Fieldes, Lauren Daigle, Charles Bentley

Before I bring my need I will bring my heart, before I lift my cares I will lift my arms
I wanna know You I wanna find You, in every season in every moment
Before I bring my need I will bring my heart and seek You

Chorus:

First - I wanna seek You I wanna seek You, First - I wanna keep You I wanna keep You
First - More than anything I want, I want You First

Before I speak a word let me hear Your voice, and in the midst of pain let me feel Your joy
Ooh, I wanna know You I wanna find You, in every season in every moment
Before I speak a word I will bring my heart and seek You

Repeat Chorus

You are my treasure and my reward, let nothing ever come before (2x)
I seek You

Repeat Chorus

© Essential Music Publishing

First Meditation: **Think about a time in your life when you went to God first. How did it help you?**

Silent Adoration/Reflection

Responsorial Psalm (Ps. 62)

Response: Rest in God alone, my soul.

Gospel: Mt. 6:24-34

Homily

Second Meditation Song: “10,000 Reasons (Bless The Lord)”

Words and Music: Matt Redman and Jonas Myrin

Chorus:

Bless the Lord O my soul, O my soul, worship His Holy name
Sing like never before, O my soul, I'll worship Your Holy name

The sun comes up, it's a new day dawning, it's time to sing Your song again
Whatever may pass, and whatever lies before me, let me be singing when the evening comes

Repeat Chorus

You're rich in love, and You're slow to anger, Your name is great, and Your heart is kind
For all Your goodness, I will keep on singing, ten thousand reasons for my heart to find

Repeat Chorus

And on that day, when my strength is failing, the end draws near, and my time has come
Still my soul will sing Your praise unending, ten thousand years, and then forevermore

Repeat Chorus 2x

© 2011 Thankyou Music (PRS)

Second Meditation: **Where in your life do you need to be stronger? How do you think turning to God first will help you?**

Silent Adoration/Reflection

Chaplet of Divine Mercy

Opening Prayers (all):

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You! **(Said three times)**

Our Father ...

Hail Mary ...

The Apostles' Creed:

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Before Each Decade:

Leader: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ,

All: in atonement for our sins and those of the whole world.

For each bead of the Decade:

Leader: For the sake of His sorrowful Passion,

All: have mercy on us and on the whole world.

After Five Decades (all):

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. **(Said three times)**

Closing prayer (all):

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Offering of Prayers of Petition

Response: Lord, hear our prayer.

Benediction and Reposition of the Blessed Sacrament

Adoration Hymn (all):

Tantum ergo Sacramentum
Veneremur cernui,
Et antiquum documentum
Novo cedat ritui;
Praestet fides supplementum,
Sensuum defectui.

Genetori Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.



Versicle: You have given them bread from hea-ven. **Response: Having within it all Sweet-ness.**

Prayer before Benediction (all):

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. Amen

Benediction**Divine Praises (all):**

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his angels, and in his saints.

Reposition chant:

Presider: May the heart of Jesus, in the most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.

All: Amen.

Reposition**Concluding Hymn:**

Holy God, we praise thy name; Lord of all, we bow before thee:

All on earth thy scepter claim, All in heaven above adore thee.

Infinite thy vast domain, Everlasting is thy reign! **(repeat)**