Holy Hour Worship Aid – Tuesday, December 8, 2020: Feast of the Immaculate Conception National Night of Prayer for Life

Exposition of the Blessed Sacrament

(All kneel when the Blessed Sacrament is placed into the monstrance)

O Salutaris Hostia



Silent Adoration/Reflection

First Meditation Song: "Good Good Father"
Words and music: Pat Barrett and Tony Brown

Oh, I've heard a thousand stories of what they think you're like But I've heard the tender whisper of love in the dead of night And you tell me that you're pleased and that I'm never alone

Chorus: You're a Good, Good Father, It's who you are, it's who you are, it's who you are And I'm loved by you, It's who I am, it's who I am, it's who I am

Oh, and I've seen many searching for answers far and wide But I know we're all searching for answers only you provide 'Cause you know just what we need before we say a word

Repeat Chorus

'Cause you are perfect in all of your ways, you are perfect in all of your ways You are perfect in all of your ways to us

You are perfect in all of your ways, you are perfect in all of your ways You are perfect in all of your ways to us

Oh, it's love so undeniable, I, I can hardly speak Peace so unexplainable, I, I can hardly think

As you call me deeper still, as you call me deeper still, As you call me deeper still into love, love, love

Repeat Chorus 4x

Holy Hour, Tues. Dec. 8, 2020 - Page 1

Silent Adoration/Reflection

Second Meditation Song: "10,000 Reasons (Bless the Lord)"

Words and music: Matt Redman

Refrain:

Bless the Lord oh my soul, Oh my soul, Worship His Holy name Sing like never before, Oh my soul, I'll worship Your Holy name

The sun comes up, It's a new day dawning, It's time to sing Your song again Whatever may pass, And whatever lies before me, Let me be singing, When the evening comes

(Refrain)

You're rich in love, And You're slow to anger, Your name is great And Your heart is kind, For all Your goodness, I will keep on singing Ten thousand reasons, For my heart to find

(Refrain)

Bless You Lord

And on that day, When my strength is failing, The end draws near And my time has come, Still my soul will, Sing Your praise unending Ten thousand years, And then forevermore, Forevermore

(Refrain 2x)

Yes I'll worship Your Holy name I'll worship Your Holy name

Sing like never before, Oh my soul, I'll worship Your Holy name Jesus I will worship Your Holy name, Worship Your Holy name

Silent Adoration/Reflection

Prayer to St. Michael the Archangel

All: St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.

Amen.

Rosary (The Five Sorrowful Mysteries)

Leader: In the name of the Father + and of the Son, and of the Holy Spirit. Amen.

The Apostles' Creed:

All: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father ... Hail Mary ... (3x for faith, hope, charity) Glory be to the Father ...

The First Sorrowful Mystery: Jesus prays in the Garden of Gethsemane before his Crucifixion

Our Father ...

Hail Mary ... (10x)

Glory Be ...

Fatima Prayer: O my Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls to Heaven, especially those most in need of thy mercy.

The Second Sorrowful Mystery: Pilate has Jesus scourged

Our Father ...

Hail Mary ... (10x)

Glory Be ...

Fatima Prayer: O my Jesus ...

The Third Sorrowful Mystery: The soldiers place a crown of thorns on Jesus' head

Our Father ...

Hail Mary ... (10x)

Glory Be ...

Fatima Prayer: O my Jesus ...

The Fourth Sorrowful Mystery: Jesus carries his Cross to Calvary

Our Father ...

Hail Mary ... (10x)

Glory Be ...

Fatima Prayer: O my Jesus ...

The Fifth Sorrowful Mystery: The Crucifixion and death of our Lord Jesus

Our Father ...

Hail Mary ... (10x)

Glory Be ...

Fatima Prayer: O my Jesus ...

All: Hail Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee to we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Leader: Pray for us, O Holy Mother of God

All: That we may be made worthy of the promises of Christ.

Leader: Let us pray

All: O God, whose Only-Begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech you, that meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Benediction and Reposition of the Blessed Sacrament

Adoration Hymn (all):

Tantum ergo Sacramentum

Veneremur cernui,

Et antiquum documentum

Novo cedat ritui;

Genetori Genitoque

Laus et jubilatio,

Salus, honor, virtus quoque

Sit et bendictio:

Praestet fides supplementum, Procendenti ab utroque Sensuum defectui. Compar sit laudatio. Amen.



Versicle: You have given them bread from hea-ven. Response: Having within it all Sweet-ness.

Prayer before Benediction (all):

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. Amen

Benediction

Divine Praises (all):

Blessed be God. Blessed be the great Mother of God, Mary, most holy.

Blessed be Jesus Christ, true God and true Man. Blessed be her holy and Immaculate Conception.

Blessed be the name of Jesus. Blessed be her glorious Assumption.

Blessed be his most Sacred Heart. Blessed be the name of Mary, Virgin and Mother.

Holy Hour, Tues. Dec. 8, 2020 - Page 4

Blessed be his most Precious Blood. Blessed be Jesus in the most Holy Sacrament of the Altar. Blessed be St. Joseph, her most chaste spouse. Blessed be God in his angels, and in his saints.

Blessed be the Holy Spirit, the Paraclete.

Reposition chant:

Presider: May the heart of Jesus, in the most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. **All:** Amen.

Reposition

Concluding Hymn:

Holy God, we praise thy name; Lord of all, we bow before thee: All on earth thy scepter claim, All in heaven above adore thee. Infinite thy vast domain, Everlasting is thy reign! **(repeat)**

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