

*Sharing  
the Spirit  
of Love*

Catholic Church Community of

# St. Thomas More

115 Kings Highway, Hauppauge NY 11788

*And he remained outside in deserted places...*

FEBRUARY 11TH, 2024

*...and people kept coming  
to him from everywhere.*



## Parish Mission

St. Thomas More Roman Catholic Church is a parish community striving to share the Spirit of Love through Prayer, Worship, the Sacraments, the Teachings of the Church, and our concern for others, through Christian Stewardship.

*Sixth Sunday  
in Ordinary Time*

## Parish Resources

### Website:

<https://www.stmli.org>

### Instagram:

@stm\_church

@stm\_yg

### Facebook:

StThomasMoreChurchHauppauge

### Flocknote:

Text SPIRITOFLOVE to 84576



## Office Contacts

### Rectory:

(631) 234-5551

rectory@stmli.org

### Religious Education:

(631) 234-0397

reled@stmli.org

### Outreach:

(631) 234-3149

outreach@stmli.org

# Masses February 10th- February 18th, 2024

## Saturday, February 10th: St Scholastica

5pm- Frank Zablocki *by His Family*

## Sunday, February 11th: Sixth Sunday (Ordinary)

8am- Michael Marcello *by The DiFilippo Family*

9:30am- Sister Agnes Stumpf *by Marilyn Amodio*

11:30am- Jean Kelly *by Evelyn & Bob McMahon*

## Monday, February 12th: St Agatha

9am- Dottie Lossani *by Ann & Michael Marino*

## Tuesday, February 13th:

9am- William Hoell *by James & Marie Marsala*

## Wednesday, February 14th: Ash Wednesday

9am- Nicholas Conzo *by Angela Conzo*

7pm- Dorothea Starr *by Greg & Thomasina Barnych*

## Thursday, February 15th:

9am- German Vincente Manzi *by The Rodriguez Family*

## Friday, February 16th:

9am- Kara Decker (Healing) *by Paula Campo & Family*

## Saturday, February 17th:

5pm- Eileen Daly *by The Feeney Family*

Berta Jacome *by Her Children*

## Sunday, February 11th: First Sunday of Lent

8am- Dominick Mancuso *by Mr & Mrs Donach*

9:30am- Marie & George Marra *by JoAnn Moretti & Mary Romano*

11:30am- Richard Stout *by Sydney*

## Mark 1:12-15 (Lent 1)

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

## Focus Questions for 2/18/24

Mark 1:12-15

- 1: Describe a time when someone sought you out and helped you after a trying time.
- 2: What is God asking of you this Lent? What are you asking of God?
- 3: Relate a time when you felt moved by the Spirit to focus more on your inner life.

Family & Children's Question:

Recall a Lenten experience that had a lasting impact on you.

## Readings for This Week

February 11th, 2024 (Ordinary 6)

Leviticus 13:1-2,44-46

Psalm 32:1-2,5,11

1 Corinthians 10:31-11:1

Mark 1:40-45

## Readings for Next Week

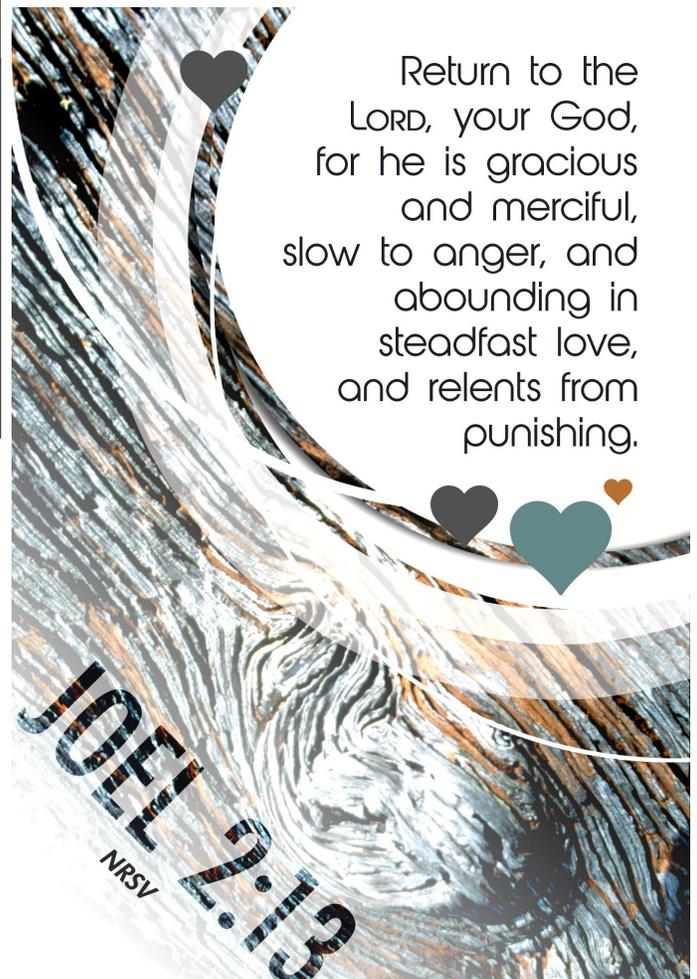
February 18th, 2024 (Lent 1)

Genesis 9:8-15

Psalm 25:4-5,6-7,8-9

1 Peter 3:18-22

Mark 1:12-15



# Fr. Antony's Letter

Dear Friends,

**Jim: "You drive the car, and I will pray."**

Gary "What is the matter; don't you trust my driving?"

Jim: "Why.....Don't you trust my praying?"

Trust is the basis of life. Prayer is born out of Trust in God. Prayer, Trust, and Life are interrelated and interdependent. One cannot exist without the other.

**Today's Gospel narrates the leper's story of trust in Jesus.** In Jesus's time the lepers were quarantined in their own colony away from the healthy society, as we did at the time of Covid. His trust in the merciful healing power of Jesus broke his quarantine and made him approach Jesus. His request to Jesus, "If you wish, you can make me clean" is an excellent prayer of trust. The response of Jesus, "I do will it. Be made clean." explains how the trust in Jesus granted healing from his leprosy.

**Trust is the essential element in everyone's life.** None of us are a self-sufficient people. We all need each other. Trusting each other is to make each other's life livable.

In one's own personal life too, each person has to trust himself/herself. For example, every time I wish, plan, or try to do something, it is my basic trust in myself that energizes me to act the way I wish or plan. If I doubt myself, I will either abandon the act or become too weak to act. Like the leper, let us pray with trust; may God strengthen our trust in us and in each other. May our trust in God empower us to develop trust in oneself and in each other.

**Ash-Valentine- Wednesday:** This Wednesday February 14<sup>th</sup> is Ash Wednesday. How would you present yourself to your Valentine? With red roses in your hand and ashes on your forehead? Why not? What is the meaning of wearing ashes on your forehead? Wearing ashes on Ash Wednesday begins the time of Lent. During the Lenten forty days we take special efforts to realize God's love for us and our love for each other. Ash Wednesday calls us to set 40 days to reflect and realize the gift and the power of LOVE. This year we have an added occasion of Valentine's Day to highlight Love for each other which uplifts all of us to realize God's love for us. Go to a Valentine's party with ash symbolizing how much God loves you and you your valentine.

**Spiritual Exercises and Lenten project of helping those in need.** Please find in the bulletin list of Lenten Spiritual Activities which can help you to realize the power of living from your inner strength. You can also learn how to participate in helping the people in need through the Lenten project published in this bulletin. Please find in this bulletin information to download the Spiritual App called "Hallow". This App will help you meditate the word of God to experience God's light and power in your everyday life.

With love and prayers,  
Fr. Antony



# His Presence Is Real - Reflections on the Eucharist by Deacon Matt

## The Mass: Liturgy of the Eucharist - Part V

Last week, in our study of the Liturgy of the Eucharist, we discussed the offering of bread and wine. We are approaching a very important part of this section of the Mass, the Eucharistic Prayer. But before the main body of the Eucharistic Prayer is said, introductory elements are prayed.

At this point in the Mass, we have already stood up, and the celebrant says, "The Lord be with you," to which we reply, "And with your spirit." We are invited to lift up not simply our bodies, but our hearts to the Lord as well. Here is a great example in the Mass of our posture being related to what we are saying and praying.

The priest then prays the Preface. There are many Prefaces prescribed in the Roman Missal, and the priest has a fair amount of latitude over which one he chooses. The Prefaces are arranged by liturgical season, and there are also ones for certain feast days, saints days, and Masses for the dead. While the words prayed are different, the structure and intent are the same in each. The priest states that it is right

and just to give praise to the Father through Jesus. Then there is typically a reference to some aspect of the Paschal Mystery, that is, the mystery of Christ's coming into the world as flesh, and dying for our salvation.

The Preface then gives us the opportunity to join together in the *Sanctus* ("Holy, holy, holy ..."), in which we acclaim that both heaven and earth are full of God's glory. We use that great word "Hosanna," originally a cry for help found in the Old Testament, now a word of praise and thanksgiving that saving help comes through our Lord Jesus Christ, and his Real Presence in the Eucharist.



"In the earthly liturgy we take part in a foretaste of that heavenly liturgy which is celebrated in the holy city of Jerusalem toward which we journey as pilgrims, where Christ is sitting at the right hand of God, a minister of the holies and of the true tabernacle." – *Sacrosanctum Concilium, no. 8.*

Questions? Comments? Suggestions? Contact me at [eucharist@stmli.org](mailto:eucharist@stmli.org).

## Parish Information

### Staff

#### Pastor

Father Antony Asir

### Contact

[pastor@stmli.org](mailto:pastor@stmli.org)

#### Deacons

Deacon Matthew T.J. Surico

Deacon Edward Vigneaux

Deacon Robert D. Weisz

[deacon.matt@stmli.org](mailto:deacon.matt@stmli.org)

#### Rectory

Theresa Recce (sacraments)

Dottie Castaldo (finance)

Alex White (operations)

[theresa@stmli.org](mailto:theresa@stmli.org)

[finance@stmli.org](mailto:finance@stmli.org)

[rectory@stmli.org](mailto:rectory@stmli.org)

#### Religious Education

Mary Ellen Carroll, DRE

Linda Ronning

Joanne Anelli

[mecarroll@optonline.net](mailto:mecarroll@optonline.net)

[reled@stmli.org](mailto:reled@stmli.org)

#### Youth Ministry

Noelle LaFontaine

[youthgroup@stmli.org](mailto:youthgroup@stmli.org)

#### Music Ministry

Emilia Savarese, Director

631-724-8820

### Ministry

#### Parish Outreach

Marti White

[outreach@stmli.org](mailto:outreach@stmli.org)

#### Pastoral Council

Barbara & Joe Fratamico

[bjfrat1@gmail.com](mailto:bjfrat1@gmail.com)

#### Altar Servers Ministry

Deacon Matt Surico

[altarservers@stmli.org](mailto:altarservers@stmli.org)

#### Eucharistic Ministers

Patty Citro

[pcitro78@yahoo.com](mailto:pcitro78@yahoo.com)

#### Lector Ministry

Mike Petagna

[mpetagna22@gmail.com](mailto:mpetagna22@gmail.com)

#### Hospitality Ministry

Ellie Stout

[gram11@optonline.net](mailto:gram11@optonline.net)

#### Consolation Ministry

Eileen Weidig

631-724-2462

#### OCIA

Ann Russo

[redaa@aol.com](mailto:redaa@aol.com)

#### Young at Heart

Anna Beltrani

631-234-0714

# Prayers for Our Community

## Pray for the Sick

|                   |                        |
|-------------------|------------------------|
| Daniel Atkinson   | Frank Loporto          |
| Gregory Bennett   | Jim Marquette          |
| Barbara Cassetta  | Ellen Murphy           |
| Joseph Cassetta   | Matt O'Connell         |
| Joseph Christiana | Deacon Al Pankus       |
| Kathryn Douglas   | Patricia Parker        |
| Bill Dowd         | Joanne Pelletier       |
| Linda Dowling     | George Pflugel         |
| Thomas Dwyer      | Nunzio (Steve) Puleio  |
| Barbara Foberg    | Rosalie Rocchio        |
| Pat Golembiewski  | Richard Ronning        |
| Linda Heller      | Noah Simonetti (2 yrs) |
| Jean Herlihy      | John Spadaro           |
| Richard Landi     | Lorraine White         |
| Maryanne Landi    | John Zuzzolo           |
| Don Larney        |                        |



\*this listing will expire on March 31st, 2024

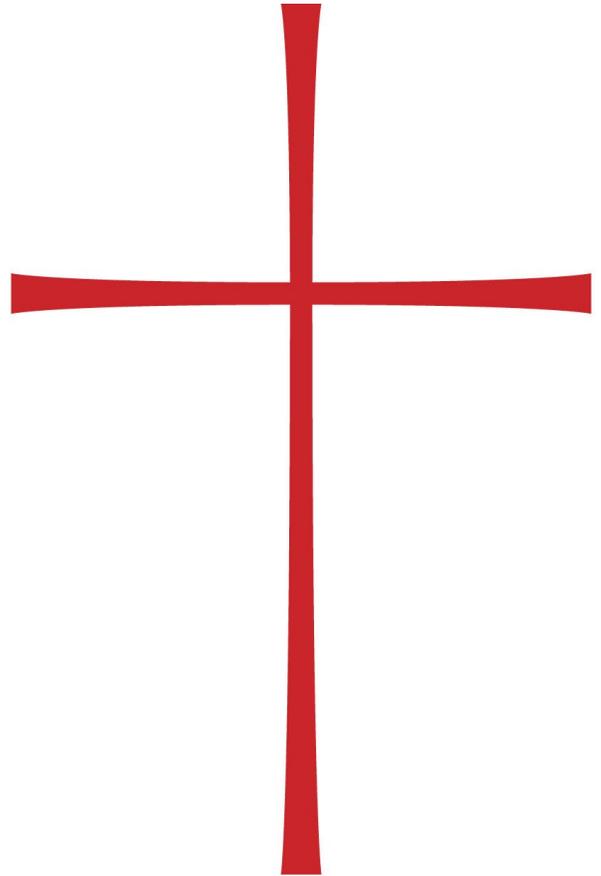
## Pray for the Deceased

Lisa Rose Morin  
Rosemary Corsi  
Bruce Link  
Robert Demonte



WELCOMED HOME

We continuously pray for our deceased loved ones.



## Pray for Our Military

Please continue to pray for the brave members of our parish family who serve our country:

|                    |                       |
|--------------------|-----------------------|
| Troy A. Maida      | Joseph Kirsch         |
| Connor Hendrickson | Allen Kirsch          |
| Evan Hendrickson   | Nicholas Gajda        |
| Christopher Sidor  | Alexandria Feys Gajda |
| Ryan Smith         | Andrew Lynch          |
| Will Maley         |                       |



We also pray for our veterans, that they receive the support they need here at home.

## Altar Bread & Wine Memorial



To arrange the memorial for the Altar Bread & Wine, contact the Rectory. Donation for the week is \$50.

Happy are those whose  
**transgression**  
**is forgiven,**  
whose **sin**  
**is covered.**

PSALM 32:1, NRSV

# Parish Operations

## SUPPORT COLLECTION

Collection from:  
February 3rd & 4th

**\$7227**

Weekly Goal: \$6700

*St. Thomas More Parish needs your support  
now more than ever!*

## Calendar Club

Thank you to everyone who enrolled in the Calendar Club 2024. The support our parish receives from this program is fundamental to our operation.

January winners will be posted towards the end of February in the bulletin. Good luck!!

**Rectory Office Hours**  
**Monday-Friday**  
**9:30 A.M. - 3:00 P.M.**

If in need of the immediate attention of a priest during non-office hours please call (631) 234-5551 and choose option 4

*All other calls received after office hours will be returned the next business day.*

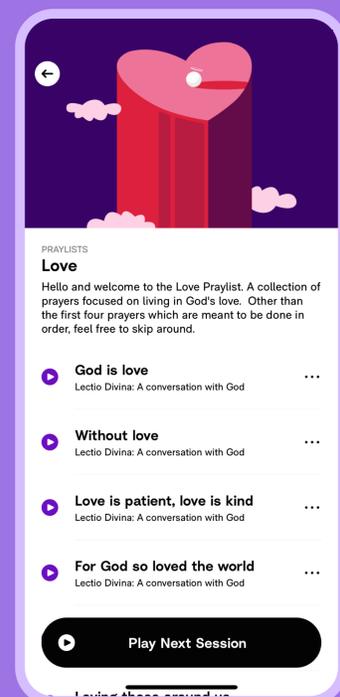
## Tax Season Comes Soon

It's never too early to get started with the paperwork! If you would like a copy of your 2023 parish contributions for tax purposes, please fill out the form at the back of the bulletin. We will start mailing statements towards the end of January.

If you donate with Faith Direct, you can print your paperwork directly from their website.

**You are loved.**

hallow.app



**Hallow**

# Parish Social Ministry

"A portion of the harvest is set aside for the poor and the stranger" Leviticus 19:9-10



**ST. THOMAS MORE**  
† PARISH OUTREACH †

Monday – Thursday 10AM to 2 PM  
631-234-3149  
Outreach@stmli.org

## Our immediate needs for this week...

Tuna  
Potatoes  
Pancake Mix  
Syrup  
Ketchup  
Coffee/Tea

We appreciate all of your donations!  
Please remember that it is difficult for us to use large cans, bottles, bags of rice, etc. as many of our neighbors do not have the ability to store extra food. Packages for 2-4 people are ideal.



Please reach out to Parish Outreach if you are, or know of someone, in need of support. Keep our elderly neighbors in mind and let us know if there is anyone you would like us to reach out to.

## January 31st marked the end of Poverty Awareness Month

Pope Francis, in his statement for the Seventh World Day of the Poor urges us to take to heart the call from the Book of Tobit: "Do not turn your face away from anyone who is poor" (Tob 4:7).

*"The poor are persons; they have faces, stories, hearts, and souls. They are our brothers and sisters, with good points and bad, like all of us, and it is important to enter into a personal relation with each of them...In this house of ours, which is the world, everyone has a right to experience the light of charity; no one must be deprived of that light"*

-Justice, Peace, & Human Development/USSCB

Please do not leave other items such as clothing or household items in the donation bins. Clothing can be placed in the St. Vincent de Paul box at the back right corner of the parking lot. Please contact Outreach regarding other donations. Thank you!



In the Gospel today, Jesus, moved with pity, touched the leper and healed him. Let us pray today for the grace to be generous with our gifts to help those who are suffering.

By your gift to the Society of St. Vincent de Paul, you indeed put your faith into action as you bring healing to the poor and needy.

To contact us, call 631-648-2760 or email [svdp.stm@aol.com](mailto:svdp.stm@aol.com)

# In Our Parish

## Young at Heart

New Members Always Welcome!  
Next Meeting: Fri February 23rd, 2024

Call Anna @ 631-234-0714

## Wall of Envelopes

The winners of this raffle will be selected after the 11:30 Mass on Sunday February 18th during Hospitality Sunday.

There are still a few envelopes available!!  
If you are interested in buying an envelope, call Jo Garvey @ 631-579-1128, or purchase after all Masses on Hospitality Sunday (Feb 18th)

Support St. Vincent de Paul!



*Ash Wednesday*  
February 14th, 2024

Services

12pm

4:30pm



Masses

9am

7pm

## Support Drive Life Center of Long Island

On the weekend of Feb 17/18, our 6062 Council of the Knights of Columbus will be launching a support drive for the Life Center of Long Island. The Knights will be handing out baby bottles that they ask you take home, and fill with spare change and loose dollars. The bottles can be returned March 16/17.

These funds will go to help the Life Center support new moms and dads with the much needed basic essentials for their newborn babies.

Keep an eye out, Feb 17th & 18th!

## Children's Liturgy!

Children 4-8 are welcome to join us, Sundays @ 9:30 This week we learned about making time to pray!



# In Our Parish

## Scout Sunday @ STM!

Every year, Scouts are encouraged to participate in Scout Sunday to reflect on their faith and the 12th point of the Scout Law (a scout is reverent). Thank you to our local scouts who came out to participate!



## Paschal Candle 2024

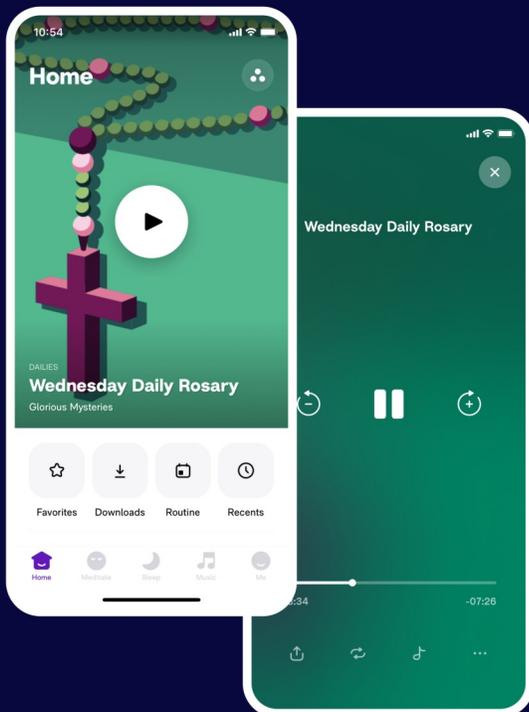


As Lent begins, the parish is looking for sponsors for our 2024 Paschal Candle. Sponsorships can be *in memoriam* or on behalf of your family. Contact the Rectory for more information!

Fun Fact: The Paschal Candle is lit for all of Easter, as well as at all Baptisms and Funerals.

## Hallow

# Find Peace. Find God.



## PreCana Mass

On Feb 3rd, the couples that completed our PreCana program were invited to mass for a blessing. Please continue to keep them in your prayers as they approach their wedding dates!



Thank you to our PreCana coordinators: Patty & Joe Citro, Lois & Keith Christianson, Tracy & Chris Rossi, and Deacon Matt! They continue to do an amazing job helping our couples prepare for marriage.

If you are interested in getting married at St. Thomas More, or if you have been civilly married and want to have a convalidation, contact the Rectory for more information.



# Happening at St. Thomas More

## Coming Up @ STM

Sun Feb 11th, 12:30pm  
Youth Group

Thur Feb 15th, 5:30pm  
Children's Choir Rehearsal

Thur Feb 15th, 7:00pm  
Columbiettes Business Meeting

Thur Feb 15th, 7:00pm  
Choir Rehearsal

Sun Feb 18th, all masses  
Hospitality Sunday

## Weekly Mass Schedule

Monday-Friday  
9:00 AM

Saturday  
5:00 PM

Sunday  
8:00 AM  
9:30 AM  
11:30 AM

Confessions  
Every Saturday  
4:00 PM-4:45 PM



Msgr. Francis S. Midura  
Columbiettes #6062  
St. Thomas More Church  
115 Kings Highway  
Hauppauge, NY 11788



The STM Columbiettes thank everyone for their generosity in supporting our Fund Raiser "Basket Raffle and Bake Sale" held on February 3rd & 4th, 2024 at the St. Thomas More Parish Center. Your donation and support is greatly appreciated and helps us to assist those in need within our community.

Our "Basket Raffle and Bake Sale" fund raiser was a great success, and as a charitable group, we could not be effective without the generosity, kindness, and support of people like you who are willing to donate.

Once again, I thank you for your most generous support.

~Kimberly Mazziotti, President STM Columbiettes

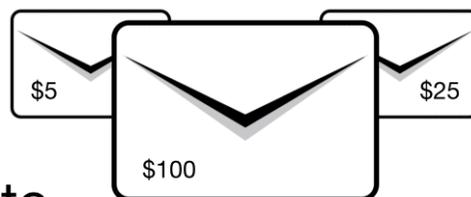
# THE WALL OF ENVELOPES

Make a donation to: St. Vincent de Paul / St. Thomas More Conference

## A Simple Way to Help Struggling Families

### INSTRUCTIONS:

- Select the amount you would like to donate by choosing the corresponding envelope.
- Envelope has raffle tickets inside.
- Larger the donation = More chances to win!



### Example:

- Envelope #1 would be a \$1 Donation
- Envelope #2 would be a \$2 Donation
- And so on...

## PRIZES

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**1ST PRIZE**

**\$500**

**2ND PRIZE**

**\$300**

**3RD PRIZE**

**\$200**

*Tickets still available!*

*Remaining tickets will be sold after masses on 2/18 at hospitality*



## EM Meeting and Retreat

"When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now." *St Teresa of Calcutta*

We are so very happy to share with you that our ***EM Meeting and Retreat*** has been rescheduled for **Saturday, March 2nd at 9:00 am.**

We will have a special Mass at 9:00 am followed directly by Adoration of the Blessed Sacrament.

After which we will have our breakfast meeting. Our mini- retreat will follow.

We anticipate concluding around 10:45 am.

Please let us know if you will be attending with an email response to [pcitro78@yahoo.com](mailto:pcitro78@yahoo.com) or by calling/ texting *Patty (631) 877-6926* or *Laura (631) 848-0291*.

**Please RSVP by February 25th!!**

# Youth Group - Love Your Enemies

January 28th, 2023



We learned the words of Jesus, MLK Jr. and St. Silouan to learn why we must love our enemies and strive to be kind in spirit like Jesus!



## Upcoming Meetings

Sundays 12:30-2:30

**February 4th-**

Loving Your Enemy

**February 11th-**

Shrovetide

Follow us on  
Instagram!

@stm\_yg

@stm\_church

# Hallow

We at St. Thomas More are excited to announce that we are partnering with Hallow this Lent! Parishioners are invited to access all premium app content, **now** through **Easter Sunday**.

We'll have a specific Lenten prayer challenge starting Ash Wednesday, but you don't have to wait! You can begin praying with Hallow today!

Hallow is the #1 prayer app in the world. Through **prayer** and **meditation** rooted in the Catholic faith, Hallow helps people **grow closer to God** and **find peace**. Users are able to pray alongside Fr. Mike, Mark Wahlberg, Jonathan Roumie, Bishop Barron, and many more.

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FR. MIKE  
SCHMITZ



SR. MARY  
BERNICE



MARK  
WAHLBERG



SR. MIRIAM  
JAMES



JONATHAN  
ROUMIE



*Pray every day this Lent on **Hallow***

# Hallow LENT

*He Leadeth Me*

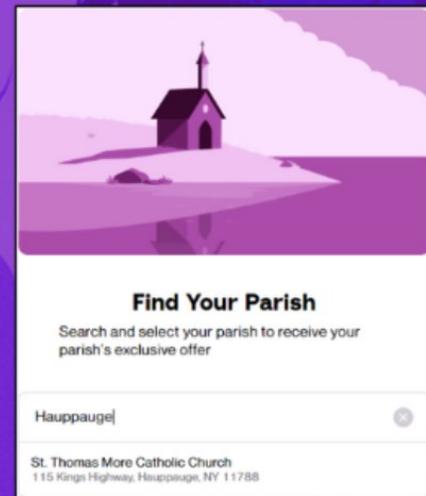


## How to Access Hallow Plus through Easter:

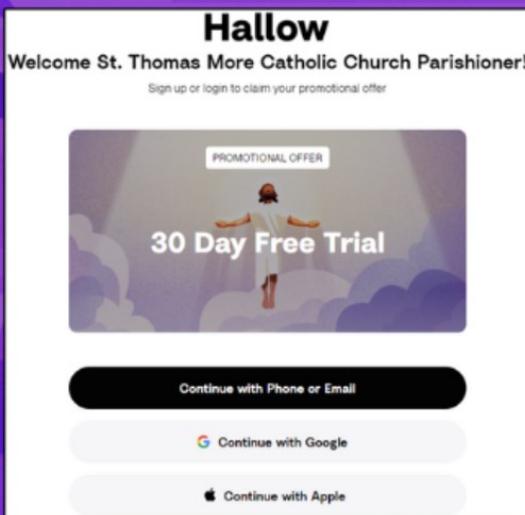
1: Scan the QR code or go to <http://hallow.com/holyday>



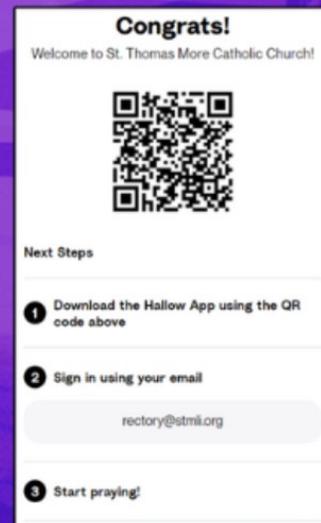
2: Search for “St Thomas More” or “Hauppauge” and select our Parish



3: If you see this screen, you've made it! Create an account!



4: Use the QR code, or search Hallow in the app store to download. Then just sign in, and start praying!



# Stations of the Cross

## Every Friday at 7pm

2/16: for the Sick and the Disabled, and those who help ease their burden.

2/23: for the Addicted, and those struggling with Temptation.

3/1: for our Children, and all who are responsible for guiding them.

3/8: for those affected by Natural Disasters.

3/15: for Peace in our community, country, and world.

3/22: for all who Hunger, in body and heart and mind and soul.

\*to be preceded by a Soup Supper at 6pm in Walden Hall

## LENTEN MASS OF HEALING

Sunday, March 10th at 11:30am  
anointing of the sick to follow



· BY HIS STRIPES WE ARE HEALED ·

## TENEBRAE

GOOD FRIDAY,

JOIN US FOR A RE-EXPLORATION OF  
THE LORD'S PASSION  
NEOTRADITIONAL

LED BY DEACON  
COMPOSED BY ALAN  
SUNG BY NOELLE



COMING ON WEDNESDAY,  
MARCH 27TH @ 7:30PM



## The Way of the Cross

with Jesus and Mary, from  
Golgotha to the Resurrection

by Fr Slavko Barbaric OFM

LED BY LECTORS AND THE ADULT CHOIR

### St. Thomas More Lenten Project 2024

This year we will be supporting...



A Long Island based nonprofit providing resources and support for those impacted by cognitive decline.

Please see more info about ADRC on the bulletin board in the Narthex, and consider giving to this wonderful organization.

### MON 3/25 RECONCILIATION DAY

Confession available from 3:00pm-9:00pm at St Thomas More, as well as all parishes in the Diocese.

### TUES 3/26

Chrism Mass at 4pm at St. Agnes Cathedral. Blessing of the Holy Oils for the next year.

### WED 3/27

Choir Cantata at 7:30pm. The Way of the Cross reflected through Mary, with music by the STM Choir

### THUR 3/28 MAUNDY THURSDAY

Morning Prayer (no mass) at 9:00am

Mass of the Lord's Supper at 7:30pm in the Church. This mass is always followed by the Solemn Procession to the Altar of Repose. Adoration of the Blessed Sacrament in Repository will be available until 10:00pm

# HOLY WEEK

AT ST THOMAS MORE

*For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.*

JOHN 3:16



### FRI 3/29 GOOD FRIDAY

Morning Prayer (no mass) at 9:00am

Stations of the Cross at 12:00pm

Stations of the Cross for Young People at 1:30pm

Liturgy of the Lord's Passion and Death at 3:00pm in the Church

Tenebrae at 7:30pm in the Church. A presentation of the Lord's Passion with neotraditional Chant

### SAT 3/30 HOLY SATURDAY

Morning Prayer (no mass) at 9:00am

Blessing of the Easter Food at 10:00am in Walden Hall

\*NO 5:00pm MASS

Mass of the Easter Vigil at 7:30pm in the Church



LENTEN SCHEDULE 2024  
ST. THOMAS MORE

RAE

7:30PM

READING OF  
GOSPEL WITH  
CHANTING

MATT  
X WHITE  
WHITE



*Ash Wednesday*

February 14th, 2024

Services

12pm

4:30pm



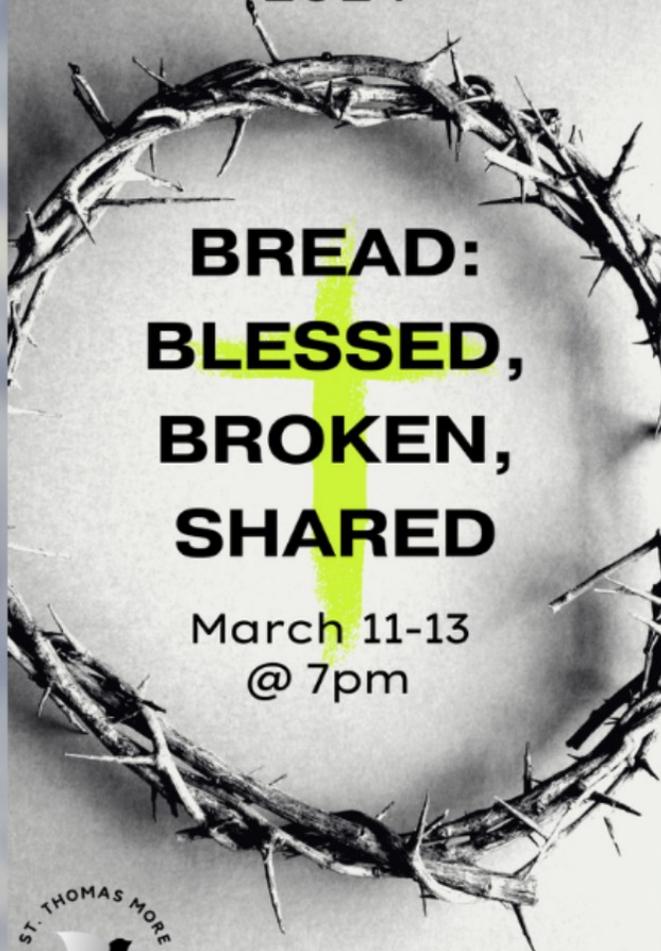
Masses

9am

7pm



PARISH RETREAT  
2024



**BREAD:  
BLESSED,  
BROKEN,  
SHARED**

March 11-13  
@ 7pm



Presented by our local  
Capuchin Friars

# Fasting & Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

See the guidelines below!

- Fasting is obligatory for ages 18-59 inclusive.
- Fasting constitutes no more than one full meal, as well as two smaller meals that together are less than a full meal.
- Abstinence is obligatory for all Catholics aged 14 or older.
- Abstinence is to avoid eating meat (chicken, pork, beef, etc). Fish is allowed.
- Please remember to drink lots of water!



If possible, the fast on Good Friday can be continued until the Easter Vigil as the "paschal fast" to honor the suffering and death of our Lord Jesus and to prepare more fully for his Resurrection.

## *Easter Weekend*

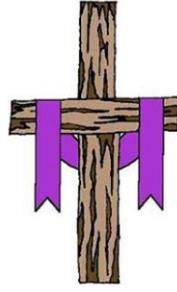
7:30PM (SAT)  
8:00AM (SUN)  
9:30AM (SUN)  
11:30AM (SUN)



HE IS NOT HERE: FOR HE IS RISEN.



**LENTEN SCHEDULE 2024**  
† ST. THOMAS MORE †



## ***St. Thomas More Lenten Project***

This year's Lenten Project will support ***Alzheimer's Disease Resource Center*** on Long Island

ADRC is a Long Island nonprofit providing resources and support for those impacted by cognitive decline.

ADRCs mission is to provide care, support, and educational programs for families in need, and to be advocates for local families who are coping with Alzheimer's Disease and other dementias.

By offering life-enrichment activities, ADRC helps those with cognitive decline express themselves and their creativity. Programs offered include Art, Music, Equine, Memory Cafes, Museum Programs, and much more. Participants and caregivers enjoy activities together, creating new memories.

ADRC provides care consultations, information & referrals, education, support groups, therapy programs for caregivers and their loved ones. They provide educational training to professional healthcare workers, graduate students, and other organizations throughout Long Island.

Please see more information about ADRC and their services and supports on the bulletin board in the Narthex.

Any donation will be greatly appreciated. Checks can be made out to St. Thomas More and placed in the little house by the bulletin board, placed in the collection basket, or dropped off at the Rectory. Please note "Lenten Project" in the memo line.

